Volume 9, Issue 105 **April 2013**

KINGSTO

V Scenes

Arbor Day in Kingston



The city celebrated Arbor Day at Cherokee Middle School on April 17, 2013, with the entire 7th and 8th grades participating. Principle Elizabeth Rose, Kingston Mayor Troy Beets and Tennessee Forestry Department representatives Tom Simpson and Ted Dailey were on hand as well. Kingston Parks and Recreation Director Rick Ross and Assistant Director Jo Ann Knies planned the program with school officials. This was the second year Kingston was awarded as a USA Tree City and received 100 white pines, 100 poplars and 100 cherry bark oak trees to distribute.

Ms. Brewer is Acting City Manager

Long-time employee and Kingston's Director of Finance, Carolyn Brewer, has been appointed by the City Council as Acting City Manager following the retirement of City Manager Jim Pinkerton.

Ms. Brewer has served in this position many times during the absence of Mr. Pinkerton and also in the past when former managers resigned or retired.



Special points of interest:

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- Employee Birthdates Page 4

"There are no traffic jams on the extra mile."

Zig Ziglar

April 26th—End of an Era

City employees say goodbye to City Manager Jim Pinkerton with cake, good wishes and fishing equipment to ease him into retirement!



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Personal Notes, Etc.

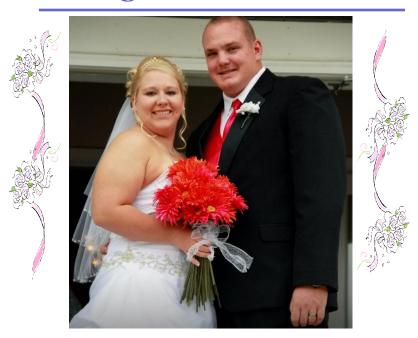


- Mr. Pinkerton's Mother-In-Law,
 Ms. Thelma Thurman is in the Rhea
 County Health Care facility.
- Wastewater Treatment Plant employee Tony Workman's wife Amy is still valiantly fighting cancer. She is having trouble keeping pain under control.
- Water Department employee David Loy's wife Teresa's continues her battle with cancer.

Please keep these folks and their families in your prayers!

Peace starts with a smile.

Congratulations Clint!



Firefighter Clint Alan Edmonds and Jessica Nicole Snow were married on October 6, 2012, at Union Chapel Church in Kingston. We got in on this news just a little late!!!

Steve Jacks is a Winner—

The Tennessee Library Association announced Kingston Library Director Steve Jacks as the winner of the 2013 Tennsco PLS Scholarship. Steve will attend his first Tennessee Library Association (TLA) Conference this year in Chattanooga (expenses are covered as part of the scholarship). Congratulations Steve!

And so is Hootie!



See what happens when you brag about your winnings! Your friends come out of the woodwork to get their share—in this case a free meal at Cheddars!



HOOTIE'S HAREM

VOLUME 9, ISSUE 105



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May Birthdays

Thomas "Jamie" Melton	5/11
Paul David Brandon	5/14
David Lewis	5/22
Cathy Rakestraw	5/27
Lawrence Russell	5/29
Tim Arnold	5/29

Sit less to live better, longer.



On average, people sit for 10 hours each day. Sitting too long—just four hours a day—ups the risk for heart disease and cancer. One study showed that even getting the right amount of regular exercise didn't stop the negative effects of too much sitting. Researchers stress the importance of moving more and sitting less.

How to fit in more "up time" during the day

- Stand during lunch, other breaks, calls and meetings.
- Walk around for a few minutes each hour you sit.
- Take the stairs even if there is an elevator.
- **Stretch or use fitness equipment** in your workspace or while you watch TV.

Get a friendly nudge.

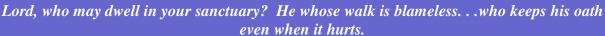
- Enlist activity partners like co-workers, friends and family.
- Set a timer to help you remember to get active.

2:00 n m

Questions about your health? Call a ParTNers for Health coach at 1-888-741-3390 (email: partnersforhealth@healthways.com).

Visit: www.partnersforhealthtn.gov

A winner makes commitments; a loser makes promises.



—Psalm 15:1a, 2,4 NIV

Meetings & Events

Phone Interviews with City Manager Applicants

May 2013

_	Phone interviews with City manager Applicants	2:00 p.m.
7	Ground Breaking Ceremony—Solar System	11:00 a.m.
7	City Council Work Session	6:00 p.m.
10	Interviews with City Manager Applicants	-
14	City Council Meeting	7:00 p.m.
14	Beer Board Meeting (Immediately following Council Meeting)	
14	Water Board Meeting (Immediately following Council Meeting)	
21	Planning Commission Meeting	6:00 p.m.
31	Budget Meeting	1:00 p.m.
April 2013		
2	City Council Work Session	6:00 p.m.
8	Budget Meeting	9:00 a.m.
9	City Council Meeting	7:00 p.m.
9	Beer Board Meeting (Immediately following Council Meeting)	-
9	Water Board Meeting (Immediately following Council Meeting)	
16	Planning Commission Meeting	6:00 p.m.

KINGSTON CITY COUNCIL

MAYOR W. Troy Beets

VICE MAYOR Tim Neal

COUNCIL MEMBERS
Tony Brown
John Byrkit
Kevin McClure
Norman Sugarman
Don White