



LEADERSHIP ROANE COUNTY



Kingston Mayor Tim Neal addresses the group at the annual Leadership meeting which was held in the Kingston City Hall Conference Room on April 13, 2016 (Joyce Nall is pictured behind Mayor Neal).

LADD LANDING GREENWAY



Kingston City Officials meet with the contractor to identify a final “punchlist” of items to be completed on the Greenway walking trail.

KINGSTON PAVILION NO. 3



Construction has begun on the Pavilion at 58 Landing in hopes it will be complete by our annual July 4th celebration on the lakefront!

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Wilson’s Law of Commercial Marketing Strategy – As soon as you find a product that you really like, they will stop making it.



Master Donuts & Coffee Grand Opening



A few folks had an extra treat on Mother’s Day when they stopped by Kingston’s new donut shop located at 500 West Race Street in Kingston. From 3-5 p.m. on Sunday, Mayor Neal, Councilmen, Norm Sugarman, John Byrkit, Don White and Randy Childs enjoyed the delicious treats that are showcased every day at this delightful den of “sweetness” beginning at 5 a.m. every morning. Be sure to stop by and welcome them to Kingston. You will be glad you did! I always am—try the Pigs in a Blanket too.

Ladd Landing Greenway Cont’d

Parks and Rec Director Rick Ross was quoted as saying, “If you can run this trail there is not a 5k in the world that you can’t own.”

You will find fitness equipment every half mile just like those found in a gym plus a beautiful water view.

Another quote from Rick, “It’s like a walking gym—you can come out here and get your cardio and workout at the fitness stations while working in the most beautiful gym God ever created.’

The money for the fitness equipment came from a grant.



Work underway on the Greenway walking trail restroom facility. Pictured to the right above is one of four pieces of equipment located at Fitness Stations on the trail.

Kingston Library Info
 Library patrons can call 376-9905 or stop by the main desk to sign up.
 Emily Steele, MLIS
 Director, Kingston Public Library
 1004 Bradford Way
 Kingston TN 37763 865-376-9905



- **Water Department** employee **David Loy's** wife **Teresa** is waiting for the results from a scan to see if there is any change in the size of her cancer.
- **Joyce Lewis** in the **City Manager's** office got the results of her CT scan last week. Tumors are slowly shrinking!
- **Councilman Randy Child's** wife **Marcia** is battling health issues.

Please keep these folks and their families in your prayers!

There is no greater treasure than a good friend!



A future Firefighter?



Michaela McGuire



Hattie Mae Clark

Our Water Department employees certainly have bragging rights. On the left is Michaela McGuire the daughter of Michelle Kelley, and to her right is Hattie Mae Clark, the granddaughter of Marsha Marshall; both are Water Department employees.

They performed in the Arts & Motions Spring Concert — Michaela on Thursday, Saturday and Sunday; and Hattie Mae on Saturday and Sunday. Beautiful ladies!

PLAIN TALK



City Manager David Bolling and Councilman John Byrkit attended "Plain Talk 2016" in Alcoa on April 28th. Assistant Commissioner of Rural Development, Amy New (pictured on the left) addresses the group.





900 Waterford Place
Kingston, TN 37763

Corrections or additions should
be called or e-mailed to:

Joyce Lewis
Phone: (865) 376-5911 Ext 102
Fax: (865) 376-1425
E-mail: jalking@bellsouth.net

May Birthdays

Chandler Burris 5/9
Thomas Melton 5/11
William Corey Griffith 5/22

The next time you feel like complaining, remember that your garbage disposal probably eats better than 30 percent of the people in this world.



Let your conversation be without covetousness and be content with such things as ye have. . .
Hebrews 13:5

A weekly resource
for your well-being



A TIP FOR TENNESSEANS

Ah-CHOO!

Uh oh. That's the sound of allergy season in full bloom. Sneezing, itching and stuffiness are some common symptoms that come from pollen, dust and other things in the air. Many allergies can range from mild to miserable and may only require **simple steps to avoid or treat them.**

Know when it's an emergency.

For some people, allergies can be life threatening. Things like eggs, milk and peanuts, bug bites and stings, medicines and latex can bring on bad reactions. Work with your doctor if you have allergies, and know the symptoms that need immediate medical attention.

- Throat—Hoarseness, swelling/closure, itching
- Mouth—Tongue and/or lip swelling, itching
- Skin—Redness, swelling, itching, hives
- Stomach—Cramps, vomiting, diarrhea
- Lungs—Feeling short of breath, coughing, wheezing
- Heart—Feeling dizzy; having a weak pulse; passing out



NURSE ADVICE LINE:

1.888.741.3390
Available 24 hours

Meetings & Events

April 2016

5 Council Work Session	6:00 p.m.
12 City Council Meeting	6:00 p.m.
12 Beer Board Meeting (Immediately following Council Meeting)	
12 Water Board Meeting (Immediately following Council Meeting)	
19 Planning Commission Meeting	6:00 p.m.

May 2016

3 City Council Work Session	6:00 p.m.
10 City Council Meeting	6:00 p.m.
10 Beer Board Meeting (Immediately following Council Meeting)	
10 Water Board Meeting (Immediately following Council Meeting)	
17 Planning Commission Meeting	6:00 p.m.

KINGSTON CITY COUNCIL

MAYOR
Timothy Neal

VICE MAYOR
Tony Brown

COUNCIL MEMBERS
John Byrkit
Randy Childs
Sarah Humphreys
Norman Sugarman
Don White